



STATE LEVEL CONFERENCE ON COMPREHENSIVE NURSING MANAGEMENT OF STROKE

Organised by

Comprehensive Stroke Care Program & Nursing Service Division
Sree Chitra Tirunal Institute for Medical Sciences and Technology
(SCTIMST) Trivandrum

In association with

Non Communicable Diseases (NCD) Division
Directorate of Health Services, Kerala

Venue : AMC Auditorium, SCTIMST,
Trivandrum

1st March 2020,
Sunday

08:00 am – 05:00pm



Dear colleagues,

We are pleased to invite you to the State Level Conference on “Comprehensive Nursing Management of Stroke” at SCTIMST, AMC Auditorium on 01/03/2020 organized by the Nursing Service division of SCTIMST under the guidance and support of NCD Division, Directorate of Health Services, Kerala and Comprehensive Stroke Care Program, SCTIMST, Trivandrum.

We are delighted to share knowledge, protocols and guidelines to provide comprehensive care to stroke patients from acute phase to rehabilitation. We also aim to increase awareness regarding stroke risk factors and prevention of first ever stroke and recurrence. The target audience include nurses working in neurology, neurosurgery and stroke care units, undergraduate and post graduate students and nurse educators.

Objectives

The participants will be able

- To understand the nursing care needs of patients with stroke.
- To implement the current guidelines and protocols in their practice areas for providing high quality care to the stroke patients.
- To acquire necessary skills in assessing and identifying the problems and implement evidence based comprehensive care to patients with all types of strokes

Patron

● Dr. Sylaja P N, Professor of Neurology

Organizing Chair persons

● Ms. Sara Sherly George, Nursing Officer

● Ms. Nirmala M O, Dy. Nursing Superintendent

Organizing Secretaries

● Ms. Laisa Kumar, Senior Ward Sister

● Ms. Rajalakshmi V R, Nurse In-charge, Stroke Unit

Joint Secretaries

● Ms Suja Raj L, Lecturer in Nursing

● Ms Shani S D, Ward Sister

Treasurer

● Ms. Smitha A S, Nursing Supervisor

● Ms. Leena R K, Chief Ward Sister

Organizing Committee

● Ms. Hepzibah Sella Rani J, Nursing Supervisor

● Ms. Chachiamma George, Nursing Supervisor

● Ms. Sudha P M, Nurse In-charge

● Ms Loganayahi K, Chief Ward Sister

● Ms. Sreelakshmi RS, Junior Social Worker

● Mr. Sivasambath S, Junior Research Fellow

PROGRAM SCHEDULE

- 08.00- 08.30am : Registration
- 08:30-08:50am : Stroke units- An essential component of stroke care
Ms. Laisa Kumar, Sr.Ward Sister, SCTIMST
- 08:50-09:05am : Diagnosis and management of acute ischemic stroke
Dr. Sylaja P N, Professor of Neurology, SCTIMST
- 09:05-09:15am : Case study- Intravenous thrombolytic therapy
Mr.Anish Kumar M, Staff Nurse, SCTIMST
- 09:15-09:35am : Management of ischemic stroke patients in the ICU beyond thrombolysis
Dr. Sapna Erat Sreedharan, Addl. Professor of Neurology, SCTIMST
- 09:35-09:45am : Nursing care of patients with ischemic stroke
Mr. Lalu Joy, Staff Nurse, SCTIMST
- 09:45-10:00am : Discussion
- 10:00-10:20am : Inauguration
- 10:20-10:40am : Tea
- 10:40-11:00am : Demonstration of National Institute Health Stroke Scale (NIHSS) scoring
Ms. Sandhya.Y, Staff Nurse, SCTIMST
- 11:00-11:20am : Mechanical thrombectomy- Indications and management
Dr. Jayadevan E R, Addl. Professor of IS&IR, SCTIMST
- 11:20-11:30am : Case study- Mechanical thrombectomy
Ms. Meera Antony, Staff Nurse, SCTIMST
- 11:30-11:50am : Management of Haemorrhagic stroke
Dr.Easwer H V, Professor of Neurosurgery, SCTIMST
- 11:50-12:00 : Case study - Haemorrhagic stroke
Ms. Lakshmi P, Staff Nurse, SCTIMST
- 12:00-12:20pm : Dysphagia and swallow screening of stroke patients
Ms. Manju Mohan P, Speech Therapist, SCTIMST
- 12:20-12:35pm : Selection of menu and feeding of patients with stroke
Mr. Justin M Jose, Staff Nurse, SCTIMST
Ms. Preethu Prabha, Research Assistant, SCTIMST
- 12:35-12:50pm : Discussion
- 12:50-01:45pm : Lunch

- 01:45-02:05pm : **Airway management of stroke patients**
Dr. Manikandan S, Professor of Anaesthesia, SCTIMST
- 02:05-02:20pm : **Nursing care of stroke patients on mechanical ventilator**
Ms. Shani S D, Ward Sister, SCTIMST
- 02:20-02:35pm : **Symptomatic carotid stenosis- management**
Dr.Shivanesan P, Assistant Professor of CVTS, SCTIMST
- 02:35-02:45pm : **Case study - Carotid endarterectomy**
Ms. Akhila Aravind V, Staff Nurse, SCTIMST
- 02:45-03:00pm : **Stroke physiotherapy - What nurses should know?**
Mr.Sivasambath.S, Physiotherapist and Junior Research Fellow, SCTIMST
- 03:00-03:20pm : **Care of bedridden patients**
Ms. Suja Raj L, Lecturer in Nursing, SCTIMST
- 03:20-03:35pm : **Care of carers**
Ms. Sreelakshmi R S, Junior Social Worker, SCTIMST
- 03:35-03:50pm : **Discharge planning of stroke patients**
Ms.Rajalakshmi V R, Chief Staff Nurse, SCTIMST
- 03:50-04:10pm : **Post test**
- 04:10-04:30pm : **Panel discussion**
- 04:30-04:40pm : **Valedictory function**

No spot registration

Post test exciting prizes

Due credit hours will be allotted as per KNMC norms

Registration fee on or before 25 th February 2020	
Nurses	350
Students	250

Remittance of Cash / DD / Cheque or Payable through NEFT to Nursing conference SCTIMST Account No. 67292219941 from any bank. Kindly quote the transaction ID Number
IFSC Code - SBIN0070029, Medical College, Trivandrum

For details contact (between 8.00 am to 4.00 pm)
Email - nursingconferencesctimst@gmail.com
Ph: 9446176372, 9961321825, 0471-2524216